

## ADULT EQUITATION UNDERSADDLE WORK OFFS

1. Out of line, counter canter long side, before corner demonstrate **change of lead**, walk mid short side, turn on haunches, working trot sitting, lengthen stride rising long side, Halt. Rein back 4 steps. Working trot sitting back to line.
2. Out of line, counter canter long side, **demonstrate change of lead**, half circle and maintain lead into counter canter, counter canter long side. Halt. Rein back 4 steps. Working trot sitting, half circle back to long side, lengthen stride rising long side, working trot sitting back into line.
3. Out of line, right lead canter long side showing two simple changes of lead, rising trot mid short side, on the long side change rein with a reverse half turn, when back on the rail lengthen the canter to mid short side, mid short side back to normal working canter, continue across the diagonal holding the lead for the counter canter to mid short side, sitting trot back to line
4. Group (2-4). In a circle (half arena). Announcer from Judge. Working trot sitting, canter, lengthen stride, canter, working trot sitting, lengthen stride, working trot sitting, reverse at working trot sitting, repeat. Intent is testing balance and transitions in quick succession. Depending on quality of athletes, can mix instructions.